



PBSL 

THE PROFESSIONAL BODY
OF SPORTS LEADERSHIP



THE
**BUSINESS
COACHING**
ACADEMY

The PBSL Coaching and Mentoring Network

**Providing expert support, guidance and challenge to sport
industry professionals**





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INTRODUCTION

The PBSL network is made up of credible, experienced and professional leaders that make an impact within the sporting industry.

We believe that the strength of this network has enormous value to our membership and the wider sports sector.

We want our members to learn, grow and develop when they join with us. We also know that many of our members like to 'give-back', share and support others.

Therefore, we are creating a pool of internal mentors/coaches (made up of our membership) that will freely offer their time to help ensure fellow members are better resourced to pursue opportunities and navigate challenges.

Offering advice, support, a sounding board or even a challenge to current thinking, our internal pool of mentors/coaches will be expertly trained by multi award-winning coaching leaders, The Business Coaching Academy (The BCA).

The BCA are specialists in teaching the art of mentoring and coaching others, working across business and within the sporting industry.

Mentoring and coaching others is a skill. Whilst the relationship is of paramount importance, so is the structure - there is a formula for great mentoring and coaching interventions. The BCA share their winning formula and unique insights in order to ensure the relationships between members of the PBSL Coaching and Mentoring Network are set up for, and achieve successful outcomes.

Effective mentors/coaches take responsibility for the part they play in building an individuals' resourcefulness and thinking in order to tackle their agenda. For those being mentored and coached the process is often enlightening and full of pragmatic benefits; identifying specific goals and refining focus, knowledge or skill enhancement, increased confidence, better decision-making and potential career enhancement – to name but a few.

And for anyone going through the bespoke PBSL learning with The BCA and becoming an internal mentor/coach ... you will learn skills and approaches that will undoubtedly assist your performance and leadership within your own organisation and aid your personal development.

Our first cohort of Mentors/Coaches will be trained on 25th February and 2nd March between 10 am – 12 pm - please note trainees need to commit to and complete both sessions. Places are limited so please get in touch to book your place.

If you would like to become a PBSL Mentor/Coach or would like to receive the support of the PBSL Coaching and Mentoring Network contact us at info@thepbsl.com.



The PBSL Mentoring & Coaching Workshop

To become a member of The PBSL internal mentor/coach pool we are offering a limited number of places on our bespoke training programme with The Business Coaching Academy.

The workshop is highly interactive, pragmatic and practice orientated and facilitated over two 2-hour virtual sessions.

The 2-module workshop will enhance both understanding and competence of how to deliver expert mentoring and coaching interventions to leaders across all disciplines of the sports industry.

The core content of the modules will be:

Module One – 2 hours virtual delivery

Indicative content:

- Leading and developing others – the 6 hats
- The differences between mentoring and coaching
- The benefits of effective mentoring and coaching
- To improve is to change. The fuel of change
- You are what you think. How to improve the thinking of others
- Understanding others and their goals/ambitions – the GAPS framework
- Peer practice sessions

Module Two – 2 hours virtual delivery

Indicative content:

- Key learns from module one
- The PAMO principle – selecting when to mentor/when to coach
- Contracting – setting peer relationships up for success
- Mentoring & coaching models
- Peer practice sessions
- What happens next – PBSL peer set up

On successful completion, the PBSL will work with each person to on-board them as part of the internal pool – discussing how much time they are willing to give, and matching them to suitable mentees/coachees. We ask all trainees to commit to working with up to three individuals on an on-going basis.

The workshop will be delivered by the co-founder of The Business Coaching Academy, Dean Williams.

A seasoned and award-winning executive coach of 20-years, Dean is a member of the Forbes Coaches Council, has authored three books and holds Board/NED positions in both football and gymnastics. He is also just about to complete his masters equivalent in sporting leadership.

**To enrol in the workshop and become part of the PBSL mentor/coach network
email info@thepbsl.com**